

# HEALTHY BIKE

whole body cycle exercisers

## upright bike

The upright bike will help improve your cardiovascular fitness and tone your lower body. You can increase your fitness level starting with just ten minutes moderate pedaling per day.

This bike has a user friendly and functional LCD monitor. Display include time, distance, calories, speed, watts and heart rate. Twelve motivational programmes, two way adjustable seat, handlebars and toe straps.

It has a silent and variable magnetic resistance for a quiet workout and is ideal for serious home exercise or rehabilitation.



### Model Specification

type	upright bike
power	mains
resistance	magnetic
max user weight	135kg
net unit weight	34kg
dimensions (cm)	99 (l) 55 (w) 134 (h)
dimensions (inch)	39 (l) 22 (w) 54 (h)



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