

HEALTHYCYCLE

recumbent cycles

recumbent Cycle

A recumbent machine offers a very comfortable & relaxing way to exercise.

It is great for lower body strength training and post operative mobility rehabilitation. Older users find it good because of the low seating position. It is also easy to get on/off.

The computer monitor displays time, distance, speed, calories, watts and heart rate. It has an adjustable seat and relaxed position ideal for warm up/down.

It has a silent & variable magnetic resistance & 12 training programmes. It has toe clips & a water bottle holder.



Model Specification

type	recumbent cycle
max user weight	150kg
net unit weight	50kg
dimintions (cm)	110 (l) 61 (w) 110 (h)
dimintions (inch)	44 (l) 24 (w) 44 (h)



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