

HEALTHY RUNNER

running, jogging & walking treadmills

treadmill

Walking & running are the most natural forms of good exercise and using a treadmill will give you a total body workout.

It exercises all the major muscle groups and is great for heart, lungs & burning fat.

This is a quality treadmill with a 2.5 hp motor. Top speed 10 mph with motorised incline to 10% and push button speed controls.

LCD computer displays time, distance, speed, incline and heart rate. Preset keys for speed and incline

Model Specification

type	quality treadmill
power	mains
running surface	20 x 59 inches
max user weight	135kg
net unit weight	101kg
storage	folds when not in use
dimensions (cm)	196 (l) 86 (w) 137 (h)
dimensions (inch)	77 (l) 34 (w) 54 (h)



FREEPHONE 0800 043 2148
www.homegymuk.com

HOME GYM
indoor exercise equipment direct