

# HEALTHY TRAINER

whole body crosstrainers

## crosstrainer

Crosstrainers give you the combined benefits of cardio and strength training. This low impact exercise burns calories and strengthens and tones upper and lower body.

The training computer has an L.C.D screen and displays time, speed, distance, calories, watts and pulse. Six preset programmes with adjustable, silent magnetic resistance.

The Bremshey Orbit Pacer is built of a solid steel construction and finished in silver.

### Model Specification

type	crosstrainer
construction	solid steel
max user weight	135kg
net unit weight	55kg
dimintions (cm)	135 (l) 61 (w) 158 (h)
dimintions (inch)	53 (l) 24 (w) 62 (h)



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